Literacy Materials that Support Social Emotional Development

In Children with Visual Impairments, Birth to Three years

Complied by Karen Frank and Michelle Horseman

**Building warm, positive and nurturing relationships**

* *A Cuddle for Little Duck*, by Claire Freedman and Caroline Pedler, Scholastic books, available through Seedlings Braille Books, $9.00
* *Are You My Mother*, by P.D. Eastman, (Big Bright & Early Board Book), Random House for Young Readers, abridged, $8.00
* *Guess How Much I Love You*, by Sam McBratney, Candlewick Press, Lap-size board book through Amazon, $14.00
* *I Like It When*, by Mary Murphy, Red Wagon Books, available through Seedlings Braille Books, $7.00
* *I Love You Because You’re You*, by Liza Baker, Scholastic books, available through Seedlings Braille Books, $9.00
* *I Love You Like No Otter*, by Rose Rossner, board book, Sourcebooks Wonderland, available at Amazon.com, $7.00
* *I Love You Through and Through*, by Bernadette Rossetti-Shustak, Scholastic, available through Seedlings Braille Books, $9.00
* *I Love You to the Moon and Bac*k, by Amelia Hepworth, board book, Tiger Tales, available on amazon.com, $5.00
* *In Grandma’s Arms*, by Jayne C. Shelton, Scholastic books, $8.00
* *Just Like Mommy*, by Cecilia Johansson, Little Simon, available through Seedlings Braille Books, $7.00
* *Moma’s Gloves*, by Mike Huber, focus on separation anxiety when in group care, redleafpress.org, $15.95, target is 3 years old
* *My Mom and Me*, by Penny Johnson, JellyCat Books, available through Seedlings Braille Books, $8.00
* *Sophia’s New Sibling*, welcoming a new baby, consciousdiscipline.com, $11
* *The Kissing Hand*, by Audrey Penn, Tanglewood Publishing Inc., focus on love between parent and child, available through Seedlings Braille Books, $7
* *You’re My Little Bunny*, by Claire Freedman and Gavin Scott, Scholastic books, available through Amazon.com, $8.00
* *You’re My Little Cuddle Bug*, by Nicola Edwards, Silver Dolphin Books. board book, (same series: *You’re My Little Snuggle Bear*, *You’re My Little Pumpkin Pie*”) amazon.com $7

**Supporting emotional expression and regulation**

* *Baby’s Feelings – A First Book of* Emotions by Little Hippo Books, photos of faces, $9.00
* *Calm Down Time*, by Elizabeth Veredick, Free Spirit Publishing, redleafpress.org, $8.95
* *Grumpy Monkey* by Suzanne Lang, Random House, ages 3 and up, $10.00
* *Goose Needs a Hug*, by Tad Hills, available through Seedling Braille Books, $8.00
* *I Can Calm*, by Becky A. Bailey, consciousdiscipline.com, $18
* *Mad, mad, mad*, by [Leslie Patricelli](https://www.amazon.com/Leslie-Patricelli/e/B001IGJR2C/ref%3Ddp_byline_cont_book_1), Candlewick Publisher, focus on self-regulation, also in the series, *Baby Happy, Baby Sad*, Amazon, $8
* *Mirror Me Feelings*, by Rose Colombe, Lamaze books, focus on feelings, only for low vision children due to use of the mirror, $10
* *Sophie is a S.T.A.R* and *Shubert is a S.T.A.R*., by Becky A. Bailey, focus on self-regulation, consciousdiscipline.com**,** $12
* *The Amazing Erik*, focus on sadness as a temporary feeling, redleafpress.org, 5.95, target audience is 3 year olds and older
* *The Feeling is Bright: Self-Regulation through Rhythm and Rhyme*, Consciousdiscipline.com, $27 hardcover book pus digital download
* *The Happy Book*, by Diane Muldrow, a touch & feel book, Scholastic Inc. available amazon.com, $8.00
* *Tiger is a Scaredy Cat*, by Joan Phillips, Random House, paperback $6.00
* *Touch and Feelings: Angry Bear*, by Dr. Naira Wilson, Tiger Tales, also in the series, *Scared Puppy, Calmer Llama,* and *Happy Bunny*, $8.00
* *Try-Again-Tim*e, by Elizabeth Verdick, coping with making mistakes, redleafpress.org, $8.95
* *When I Feel Scared*, by Cornelia Maude Spelman, from The Way I Feel Books, An Albert Whitman Prairie Paperbacks, also in the series, *When I Feel Angry*, *When I Feel Jealous*, *When I Care About Others*
* *When I Fee*l, by Becky A. Bailey, consciousdiscipline.com, $18
* *When Sophie Gets Angry - Really, Really Angry. . .* by Molly Bang, Scholastic, $8.00

**Promoting socialization**

* *Do You Want to Be My Friend?*, By Erica Carle, HarperFestival, $9.99 board
* *Kindness Makes Us Stronger*, by Sophie Beer, available through Seedlings Braille Books, $10.00
* *Messy Time*, by Elizabeth Verdick, redleafpress.org, other titles include *Bedtime, Bye Bye Time,, Clean Up Time, Manners Time, Mealtime, Listening Time, Naptime, On-the-Go Time, Sharing Time,* $9.00
* *Little Blue Truck Makes a Friend*, by Alice Schertie, Clarion Books, $12.00
* *Making Friends* (Mr. Rogers) , Puffin Books, picture Book, $7.00
* *My Best Friend,* by Brooke Vital, Chunky Padded Board Book, $9.99
* *Play Time*, by Anthony Lewis, Sign About Books, Sign and Sing-Along, $5.00
* *Shubert’s Helpful Day*, by Becky A. Bailey, focus on finding solutions, consciousdiscipline.com, $12
* *Shubert’s New Friend*, by Becky A. Bailey, focus on accepting diversity, consciousdiscipline.com, $12
* *Time for Play (Look Baby Board Book),* by Bob Whitfield, Checkerboard Publishing, showing photographs of children in play, $6.00
* *What is a Friend and How Do I Possibly Make One?*, by Stephanie Chan, [www.behaviorsciants.com](http://www.behaviorsciants.com), teaches greetings, recommended for preschooler and older, $19.99

**Guiding behavior**

* *Hands Are Not for Hittin*g, by Elizabeth Verdick, redleafpress.org, $8.95, other titles in the series include *Teeth Are Not for Biting, Feet Are Not for Kicking, Words Are Not for Hurting,* $8.95 each.  Some titles available in Spanish.
* *No Hitting* by Karen Katz, a lift and flap book, published by Grosset & Dunlap, other titles in the series, *I Can Share, Not Biting, Excuse Me!,*
* *Shubert Sees the Best*, by Becky A. Bailey, focuses on name calling, consciousdiscipline.com, $12
* *Sophia Rants & Raves* and *Shubert’s Rants & Raves,* by Becky A. Bailey, focus on consequences and responsibility for own actions, consciousdiscipline.com, $12
* *Sophia Wants A Turn*, by Becky A. Bailey, focus on asking for a turn, consciousdiscipline.com, $12
* *Sophia’s Big Voice* and *Shubert’s Big Voice*, by Becky A. Bailey, focus on speaking up and assertiveness, consciousdiscipline.com, $12
* *Sophie Makes A Choice* and *Shubert’s Choice,* by Becky A. Bailey, focus on positive choices, consciousdiscipline.com, $12
* *Waiting is Not Easy! – An Elephand and Piggie Book*, by Mo Willems, Hyperion Books for Children, message on learning to wait patiently, amazon.com. $9

**Promoting child’s sense of identity and belonging**

* All Kinds of Families, by Suzanne Long, available through Seedlings Braille Books, $8.00
* *Book About Me*, APH catalog #6-77500-10, a fill-in book for a specific child
* *Ears, Nose, Fingers, and Toes: A First Book All About You,* by Judy Hindley, Candlewick, $7.00 board
* Hiya Moriah by Victoria Nelson, Koehler Kids, making new friends with different abilities, $15.00
* *I Ain’t Gonna Paint No More* by Karen Beaumont, Scholastic Books, focus on body parts, board book $13.00
* *I Like Me!* by Nancy Carlson, Picture Puffin Books, board book $6.00
* *I Like Myself!* By Karen Beaumont, Houghton, Mifflin, Harcourt, Seedlings Braille books, $8.00
* *No Matter What. . . We All Belong*, by Becky Davis, Tiger Tales, available through Seedlings Braille Books, $9.00
* S*ometimes I Like to Curl Up in a Ball*, Vicki Churchill, Union Square, amazon, $8.00
* *Ten Little Fingers and Ten Little Toes*, by Mem Fox, padded board book, Houghton Mifflin Harcourt, amazon $7.00